



UNITY  
DINER



# LUNCH MENU

## STARTER

### HERBY PORK BELLY

CRISPY PORK BELLY TOSSED IN A FRESH HERB RUB,  
SERVED WITH MIXED LEAVES AND SAUERKRAUT.

*GF OPTION*

*HERBY TEMPEH TOSSED IN A FRESH HERB RUB, SERVED WITH MIXED  
LEAVES AND SAUERKRAUT.*

## FIRST COURSE

### MOCK™ LAMB BURGER

PAN FRIED LAMB IN A RICH TOMATO SAUCE SERVED IN A GARLIC  
BUTTER TOASTED BUN WITH A RAITA INSPIRED SAUCE AND FRESH  
ROCKET.

*GF OPTION*

*BATTERED COD FILLET IN A GLUTEN FREE BUN SERVED WITH TARTAR SAUCE AND  
ROCKET.*

## DESSERT

### CHOCOLATE TRUFFLE DREAM

A SLICE OF CHOCOLATE TRUFFLE CAKE SERVED WITH  
A BERRY COMPOT AND WHIPPED CREAM

## COCKTAILS

PIERS MORGANS TEARS

*gin, triple sec, pea flower*

VEGAN PROPAGANDA

*coconut rum, lime, apple liqueur*

MARGARITA

WHISKEY SOUR



# HOT & ICED DRINKS



<b>double espresso</b>	<b>2.50</b>
<b>americano</b>	<b>2.90</b>
<b>flat white</b>	<b>3.75</b>
<b>latte</b>	<b>3.75</b>
<b>cappuccino</b>	<b>3.75</b>
<b>mocha</b>	<b>3.75</b>
<b>matcha latte</b>	<b>3.75</b>
<b>spiced chai latte</b>	<b>3.75</b>
<b>tumeric &amp; honeycomb latte</b>	<b>4</b>
<b>hot chocolate</b>	<b>4</b>
<b>red velvet latte</b>	<b>3.75</b>

**served with oat milk**

*please ask if you wish to have another choice of plant milk - options include **soy, oat, coconut***

**syrups:** **+30p**

hazelnut, honeycomb, pumpkin spice, english toffee, caramel or vanilla

**tea** **2.50**

everyday brew, lemon & ginger, peppermint, jasmine, superfruit, chamomile, earl grey, honeybush & rooibos & green tea



# SOFT DRINKS



## **flavoured lemonade**

4

elderflower, passion fruit, peach, pineapple, watermelon, raspberry, mango

## **juice**

3.50

orange, apple, pineapple, grapefruit

## **soft drinks**

3

cola, diet cola, lemonade

## **water**

1.50

still, sparkling



# SIGNATURE MOCKTAILS



**8.50**  
each

## **vegan propaganda ✨**

coconut water, green apple, lime, aquafaba

## **piers morgan's tears ✨**

0% gin, orange, pea flower, peach, lime, tonic

## **rupert spritz ✨**

seedlip grove 42, passion fruit, mango, lemon, elderflower kombucha

## **me and ewe ✨**

seedlip grove 42, orgeat, blueberry, espresso

## **golden spiced mojito ✨**

0% golden spiced sprit, mint, lime, sugar, soda



THE FUTURE IS  
V·E·G·A·N

# SIGNATURE COCKTAILS



## **vegan propaganda 2.0 ✦✦**

coconut rum, melon liqueur,  
lime juice, aquafaba

## **piers morgan's tears ✦✦**

gin, cointreau, pea flower, peach, lime, tonic

## **rupert spritz ✦✦**

vodka, passion fruit, mango, lemon, prosecco

## **me and ewe ✦✦**

amaretto, blueberry, espresso, coffee liqueur

## **unity negroni ✦✦**

cynar, gin, vermouth, orange slice



THE FUTURE IS  
V·E·G·A·N

# CLASSIC COCKTAILS



**9.50  
each**

## **old fashioned**

bourbon, bitters, sugar, orange twist

## **espresso martini**

vodka, coffee liqueur, espresso

## **pina colada**

rum, pineapple, coconut, lime

## **whiskey sour**

bourbon, lemon, sugar, aquafaba

## **margarita** (make it spicy)

tequila, lime, cointreau

## **mojito**

rum, mint, lime, sugar, soda

## **porn star martini**

vanilla vodka, passion fruit liqueur, passion fruit puree,  
lime, vanilla, prosecco

## **mimosa**

prosecco, orange juice



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# WINE



**wild thing merlot**

**wild thing sauvignon blanc**

**wild thing rosé**

by buying wild thing wine you support the born free foundation, a charity working worldwide to save the lives of wild & endangered animals

**6**  
125ml

**6.75**  
175ml

**7.75**  
250ml

**24**  
bottle

## BUBBLES

**wild thing prosecco**

125ml **6.50**

bottle **24**

**champagne**

bottle **45**

## ORGANIC KOMBUCHA

WINE-STYLE

**rose blush**

**white**

glass **5**

bottle **16**



# BOTTLES



## **tidal save session IPA**

**5.50**

bombardment of citrus flavours with American hops and a strong malt base

## **two degrees craft lager**

**5.50**

unfiltered pale lager made with british malt, crisp and refreshing, grassy, piney hints & well balanced sweetness

THIS BEER FIGHTS CLIMATE CHANGE

2.5% of the sales of this lager beer goes to support Soil association UK and The Climate Coalition via Work for Good

## **corona extra beer**

**4.50**

## **lucky saint alcohol-free beer**

**5**

## CIDER

### **unity pear & nettle**

**5.50**

pear cider infused with nettle & elderflower  
a harmonious medium sweet floral taste

### **henderson's**

**5.50**

a rustic yet refined traditional cider, bursting with a taste of fresh rhubarb

### **yowler**

**5.50**

dark & fruity sparkling apple cider

## DRAUGHT

### **posh lager**

1/2 pint **3.50**

a crispyboi classic - All British Lager.

pint **6.25**

the premium craft brew from

Forest Road brewery



THE FUTURE IS  
V · E · G · A · N



# UNITY DINER

*Please see your server to order*

## PLEASE NOTE

*12.5% discretionary service charge is added to your bill. Currently this is split between our lovely staff and also goes towards Surge Sanctuary + our operational costs from recovering from the pandemic.*

## ALLERGY NOTICE

If you have an allergy it is essential we are made aware of it before you order, please always ensure that you speak to your server.

If the allergy is life threatening you must be carrying an EPI pen and liaise with our manager. You should only order from the allergen menu but still be aware that there is still a risk of cross contamination.

We take all reasonable precautions to prevent cross contamination in the kitchen but we do not have a dedicated preparation area in our kitchen/bar for nut-free or gluten-free food.

Our products are 100% plant-based and vegan but some are manufactured in a facility that handles whey protein (milk) and we are unable to guarantee the absence of this allergen, or any others, such as nuts, in our menu.

Please always inform us if you have any allergens or intolerances when you place your order.



## Ed Winter's new book

*"This is vegan propaganda and other lies the meat industry tells you"*

**£14.99** - Available to buy from your server

## Surge Sanctuary 2023 calendar now available

*You can purchase a copy of  
The Surge Sanctuary 2023  
calendar from your server!*

**£9.99**



UNITY  
DINER



FROM ALL OUR TEAM  
*Thank You*  
x

*Thank you so much for choosing to eat at Unity Diner and for supporting our mission of creating a more compassionate world for animals.*

*The profits from Unity Diner support the running costs of an 18 acre animal sanctuary here in the UK that is home to over 150 rescued animals, including **Eric, Matilda!***

SURGE SANCTUARY CIC. Registered non-profit organisation | 13091185  
[www.surgesanctuary.org](http://www.surgesanctuary.org) | [hello@surgesanctuary.org](mailto:hello@surgesanctuary.org)

 @thesurgesanctuary



## DONATE TO THE ANIMALS FOR FREE

*Sign up and donate a free dollar to Surge Sanctuary*

**abillion**  
Social media for social good

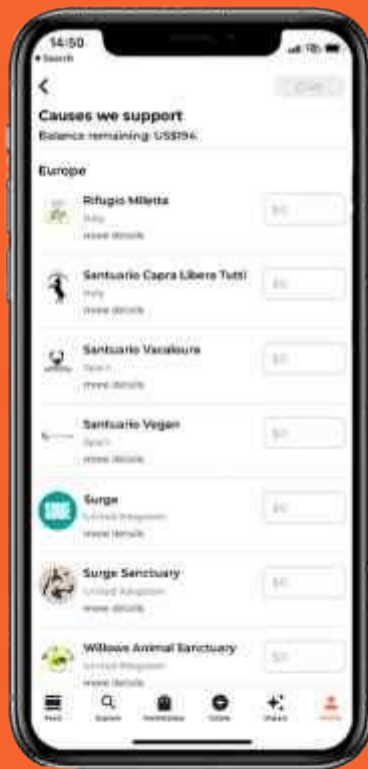


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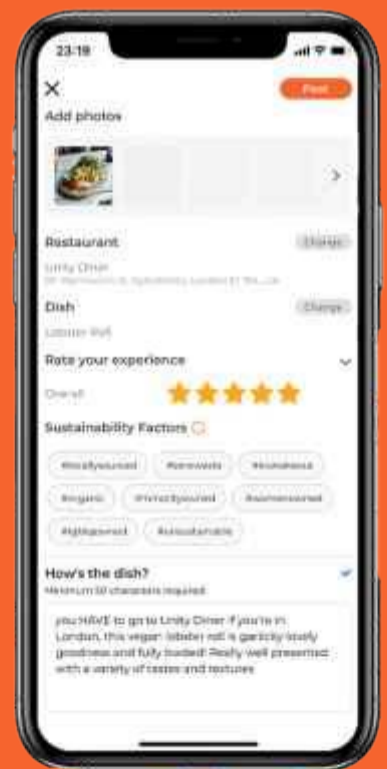
Use invite code  
**EARTHLINGED**  
& receive a dollar  
to donate to  
Surge Sanctuary



1. Download the abillion app via QR code and create your profile



2. Go to the "impact" page and donate your dollar for free



3. Review any vegan meal or product for more free Dollars to donate.

**Why not review your unity dishes for more \$ to donate!**